

Popular and Democratic Algerian Republic  
Higher Education Ministry of Scientific Research  
University of Algiers 3



## Sport and Physical Education Institute

In Coordination with Sport Sciences and High Level Training  
Laboratory organize an International Symposium about :



# Sport and physical Activities from Training to Citizenship

12th and 13th of December, 2018



Lecture hall

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THE INTERNATIONAL SYMPOSIUM OF PHYSICAL EDUCATION AND SPORT  
INSTITUTE IN COORDINATION WITH SPORT SCIENCES AND HIGH LEVEL TRAINING LABORATORY

12 and 13 DECEMBER 2018

## Physical and athletic activities, from the formation to the citizenship

Abstract:

Sport is known as a physical effort practiced in accordance with certain laws for many purposes: for fun, entertainment and also for competition in one way, and developing skills, strengthening both self-confidence and body in the other way.

The first article of law 13-05 concerning sport and physical activities organization and development, defines their principles , objectives and general rules which organize and drive sport and physical activities development and their promotion skills also.

In this context, sport and physical activities are considered as an important health behavior, and an excellent exploitation of energies and means of their development.

One of the most important benefits of practicing sport and physical activities is the protection of human as an element, especially youth, from going to social troubles and preventing them from many diseases, therefore we increase significantly the quality of health.

Sport isn't beneficial for the body only, but it he is effectively in stimulating mental abilities, developing self-confidence and psychological wellness feeling.



### **Symposium objectives :**

- 1- To put together intellectuals and experts concerned with the issues submitted in the symposium, to discuss the development's ways in sport's field.
- 2- Working to gain cooperation with various corporations and climb with them from an exchange level to knowledge and coordinating level.
- 3- Put the stress on the importance to diffuse principles which help to extend areas in sport and physical skills.
- 4- Encourage and spread the culture of sport for all throughout the society. Search for a new methodologies in health and sport's field and keep standing in scientific practices to know the reality of sport in all categories of the Algerian society.



## Symposium contributions norms December 2018

### **1-Introductions to participants :**

The abstracts must be sent in a unique and justify paragraphs. They shouldn't exceed 130 words in Times New Romance style, size 12 and key words from 03 to 06.

### **2-Texts of the contribution :**

Simple line spacing, Times New Romance style, size 12 concerning the communication with a wide margin of 3 cm on left if the text is in French or English.

The submitted contributions to publication should not exceed 07 pages or 1500 words (tables, figures, graphs, bibliographies....included)

The speaker should present the text clearly: Introduction, Experimental details, Results, Discussion and Conclusion.

### **3-Bibliography :**

For articles, the complete reference includes authors' names, followed by their first names initials, the article title, the periodical title (with the abbreviations allowed conformity), the volume, the periodical number, the publication year and the concerned pages.

For books , the reference should include the authors' names followed by their first names initials, the complete title of the book, the volume, the tome, the first and the last one relating to the discussed results.

For scientific meeting (congresses, proceeding "debates",.....)the reference includes the authors' names followed by their first names' initials ,the communication title, the meeting identification, the place, the period and the concerned pages.

**N.B :** Only contributions that respect the raised norms, will be taken into consideration .